

# March & April NEWS & NOTES



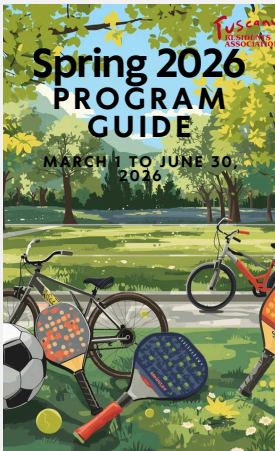
## FACILITY UPDATES

**Daily Park & Amenity Hours:** 9:00 AM – 10:00 PM

- **Tennis & Pickleball Courts:** *Tentative opening day is May 1, 2026*
- **Hockey Rink:** *Closed for the season*
- **Oval Rink:** *Closed for the season*
- **Gym:** Please wear clean indoor shoes, schedules available online. Follow social media and call the front desk for updates on changes to the schedule.
- **Splash Park-***Opening date TBD*
- **Shower/Changeroom:** Trade your membership card at the front desk for a key to access showers or a private changing space.

## Spring Program Guide

Our Spring Program Guide is available online and registration is open on currently for members and non-members. Be sure to register early to secure your spot in the programs you're most excited about—and don't forget to join the waitlist if a program is full. Before enrolling, please take a moment to review our withdrawal and cancellation policy in the guide and online prior to completing your enrollment.



## Summer Day Camp Program Guide

Our Summer Day Camp Program Guide is available online the and registration is open for members and non-members.

We are excited to host the skateboard and scooter day camps for the first time this summer! Register now!



In this newsletter you can expect information on:

Program updates

New 18+ and Senior Hangout Time!

Important Guest Information

Upcoming Events

Spring Programs and Summer Day Camps

Volunteering

Rentals



## **Tuscany Club Pickleball Tournament**

Congratulations to all the participants in the first Tuscany Club Pickleball Tournament! We had a great turn out and lots of fun and laughter.

Congrats to Bettywynn and Kathy for winning the women's doubles event and to Umesh and Loyed for winning the men's doubles event.

Stay tuned for the possibility of another pickleball tournament in the summer!



## **18+ and Seniors Hangout Time**

Starting April 24, 2026 we are excited to open up our banquet room on Fridays from 9:30 AM to 3 PM for any 18+ members and their guest (1 per member). Come bring your coffee and enjoy some time to socialize, knit, read or play some card or board games. It is a drop-in time and no registration is necessary. Please email [recreation@tuscanyclub.ca](mailto:recreation@tuscanyclub.ca) with any game or environment enhancing suggestions for this unique, fun and relaxing time.



## **Program Updates:**

### **Register for spring 2 classes now!**

- Chair Yoga was cancelled in spring 1 due to low enrollment but it is on track to run in spring 2 (May and June).
- We are look at the possibility of **CARDIO DRUMMING, stayed tuned for updates**
- We also started Zumba in Spring 1 and it has been a great hit but we will need to postpone the spring 2 class due to instructor availability, stay tuned for updates!
- Pre-natal went well in spring 1 and we are going to continue it into spring 2! Come register!

### **Summer Camps are open for registration for Tuscany members and non-members!**

- There is a **brand new Skateboard and Scooter summer camp this summer! Sign up today!**
- **EFFECTIVE APRIL 1ST any program refunds less than \$50 will automatically be refunded on to Tuscany member accounts**

## **IMPORTANT GUEST INFORMATION**

Each member 17 years old and under is permitted to bring 2 guests and each adult is permitted to bring 5 guests to use our outdoor facilities. Once members leave, the guests must leave too. Members are not permitted to sign in other TRA members as guests to gain access to the club. All members must be in good standing to visit the Club and use its amenities.

**Reminder:** Members must be at least 12 years old to be at the Tuscany Club without direct adult supervision, and must have their own membership card to access the facility and its amenities.

## UPCOMING EVENTS



**Spring Market and Program Showcase!** Saturday May 9, 2026 10:00 AM to 2:00 PM  
Tuscany Club Gym, studio, and banquet room

Come out and shop local during the spring market event! Vendor registration is open for members and non-members currently. While you are there for the spring market, come explore our amenities and **come try out some classes for free on the event day!** The schedule of the free classes and activities will be available shortly.

+ PROGRAM SHOWCASE  
Try our programs for free!



### **Tuscany Giant Garage Sale**

Saturday June 13, 2026 9:00 AM to 3:00 PM Tuscany Club Gym  
June 13, 2026; 9 am to 3 pm

Be one of 100+ homes to register and include your home in our community garage sale. Registration is free and all homes registered by June 1st will have their address included on our map and receive a free yellow "garage sale" sign. Registration will open by May 18, 2026.

**THANK YOU TO OUR SPONSORS & VOLUNTEERS WHO HELP MAKE THESE EVENTS POSSIBLE!**

**Agnew Insurance Ltd.**  
 co-operators®

Interested in becoming a sponsor and would like the opportunity to become more involved in our community events? Please email [recreation@tuscanyclub.ca](mailto:recreation@tuscanyclub.ca) or view our sponsorship package online at [www.tuscany-connect.com](http://www.tuscany-connect.com)

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## **Adult Fitness Program Information**

### **Zumba class for spring 2 postponed**

Stay tuned for updates

### **Chair Yoga is back!**

Chair yoga will run again in Spring 2 as we had to cancel the class in Spring 1 due to low enrollment.

### **New Prenatal Yoga Class**

We are started a new prenatal yoga class on Sunday afternoons and it ready to run again in spring 2! A nurturing practice to support you through all stages of pregnancy while deepening your connection with your changing body and baby.

<b>Class</b>	<b>Day of the Week</b>	<b>Time</b>
<b>Parent &amp; Tot Yoga</b>	Monday	10:00 AM to 11:00 AM
<b>Chair Yoga</b>	Monday	1:00 PM to 2:00 PM
<b>Functional HIIT</b>	Monday	7:00 PM to 8:00 PM
<b>Barre, Legs, Butt &amp; Thighs</b>	Tuesday	9:15 AM to 10:15 AM
<b>Vinyasa Yoga</b>	Wednesday	8:00 PM to 9:00 PM
<b>Gentle Stretch</b>	Thursday	10:00 AM to 11:15 AM
<b>Build and Burn</b>	Thursday	7:00 PM to 8:00 PM
<b>Prenatal Yoga</b>	Sunday	1:00 PM to 2:00 PM

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## Red Cross Youth Safety Courses are back!



- **Stay Safe (Home On Your Own) Ages 9-13:** April 25<sup>th</sup> 9:30am-2:30pm
  - The Stay Safe! program teaches applicable and age-appropriate skills while increasing and reinforcing a youth's capacity to improve his or her own safety.
- **Baby Sitter Training Ages 11+:** April 26<sup>th</sup> 9:30am-4:30pm
  - Learn to handle the responsibilities of babysitting in a fun, interactive setting with an experienced Red Cross instructor. They will learn first aid safety tips, injury prevention and be introduced to CPR.

You can register for these two courses when the Spring Program registration opens.

### Interested in Volunteering?

If you are looking to support your Community and get involved, volunteering to help with our events is a great way to do so. All the events we offer are thanks to our amazing sponsors and volunteers.

All volunteers must be 12+ years of age or volunteer with an adult.

There are a variety of roles at all of our events including, set up/take down, supervising games and activities and more.

Email: [eventscoordinator@tuscanyclub.ca](mailto:eventscoordinator@tuscanyclub.ca) for more information.

### Room Rentals

Looking for the perfect space for your next event? Look no further! The Tuscany Club is the ideal venue for Tuscany Resident Association members to book birthdays, weddings, meetings, workshops, and more! Spacious, versatile, and equipped with everything you need to host a successful gathering. Book now and let's make your event unforgettable!

Visit [www.tuscany-connect.com/rentals](http://www.tuscany-connect.com/rentals) or email [rentals@tuscanyclub.ca](mailto:rentals@tuscanyclub.ca) for more information on pricing and options.



**Tuscany**  
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The Tuscany Club



Tuscanyclub